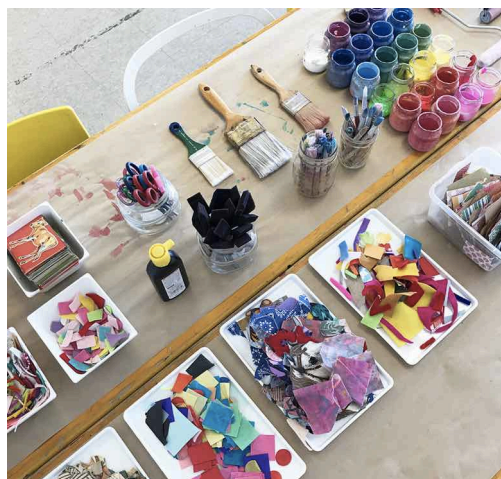
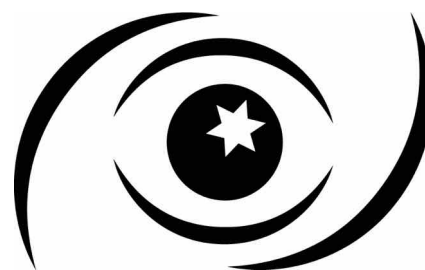


Stargardt's Connected

Invites you and your children to a Stargardt's Network Session where we will be getting "crafty" and talking about food and nutrition for Stargardt's disease.



This will be an opportunity to have fun, create and explore different art materials and informally meet other people with Stargardt's and their families.

Guy Rashty, a Health and Care Professions Council (HCPC) registered art therapist from London Art Therapy Centre (<https://arttherapycentre.com>) will be facilitating an art therapy workshop in the

form of an open studio for children and young people.

We are also delighted to say that Stargardt's Connected has partnered with Dr Rosie Gilbert, an ophthalmologist and researcher from Moorfields and UCL who has an interest in nutrition. Rosie has previously run a very exciting project called Eating for Eye Health (bit.ly/eat4eye) and would like to help us do something similar for Stargardt's. During this meet up Rosie would love to talk with parents and discuss the relationship between nutrition and eye health and get your views on diet and feeding your family.

What:

- **FREE art/craft session for children led by art therapist Guy Rashty**
- **Informal discussion about food and nutrition for Stargardt's with other parents and Dr Rosie Gilbert**

When: Saturday 15th September

Time: 3:00 - 4:30 pm

Who: Sessions for both adults and children

Where: WAC ([Waterloo Action Centre](#)) 14 Bayliss Road, London, SE1 7AA (nearest Tube Station: Waterloo 5 minutes' walk away)

Spaces are limited and on a first come first-served basis. To book a place or for any enquiries, contact Andi Skilton on stargardts183@gmail.com.